



Safety, Empowerment and Protection for Syrian and non-Syrian Refugees and Host Communities in Egypt

Terms of Reference

Psychodrama Training for Volunteers Alexandria and Cairo 2021-2022



CARE Egypt Foundation (CEF):

Care Misr Foundation for Development is a civil institution registered in the Central Administration of Associations at the Ministry of Social Solidarity with the number “833 for the year 2018” and its address is 25 Asmaa Fahmy Street - Fifth Floor (Plot No. 1 - Square Y) Qesm 1st Nasser City, Cairo, Egypt, and that the institution is subject to the provisions of the law regulating the practice of civil work No. 149 of 2019.

CARE Egypt Foundation for Development is building on the legacy and expertise of CARE International in Egypt since 1954, by designing, implementing and managing development programs and projects aimed at helping the neediest communities in Egypt, by building strategic partnerships with the government sector, the private sector and the private sector, to help in Meeting the basic needs and improving the quality and standard of life in a sustainable manner and consistent with the culture, reality and the local and national context.

The Foundation focuses its interventions and designs its programs in the areas of economic and social empowerment of Egyptian women, developing and improving the educational environment, supporting the agricultural sector, especially small farmers, improving government performance and supporting confidence-building processes among development partners through the application of tools and methodologies for governance and social accountability, through investing energies and ideas And adopt initiatives that are in line with the development and improvement of the economic and living conditions of these communities to deal with addressing the root causes of poverty.

The Foundation is also committed to strengthening the role of the local civil society by including it as a partner in all the Foundation's projects in a manner that ensures building its capabilities and enabling it to play the developmental role required in the government's sectoral and geographical development plans and programs.

The Foundation works on extracting the most important international experiences in all areas of development, and presenting them in the local and national contexts, in addition to working to shed light and disseminate local experiences at the global level, in order to benefit from global experiences and present Egyptian development models to interested and actors at the global level.

Women's Rights Program

The Women's Rights (WR) Program is designed to empower poor and marginalized women in Egypt who suffer from rights' violation. Its impact goal is: By 2025, poor women in Egypt especially in Upper Egypt are empowered and enjoying a better quality of life, having attained their rights. In order to achieve this goal, the program works with both the duty bearers in government and civil society, as well as rights bearers, women themselves, to address discriminatory attitudes and behavior towards women and girls.

The WR program works with the duty bearers to support their role to protect and uphold the rights of women, and also with the women to encourage them to understand voice and demand their rightful entitlements. The program works on three domains (agency, relations and structure) in order to empower poor women in Egypt to gain their rights. Through the focus on agency, women's self-esteem and confidence are built, and women have increased financial independence to fulfill their potential as productive and income-earning members of their households and society. In addition, when power relations (families) are gender sensitive whilst tackling all forms of gender-based violence (GBV) within and outside the household, and when structures (social norms or laws) particularly in the area of personal status, domestic violence are reformed, passed and implemented, gender equality can be achieved.

The program has three themes, which are:

1. Tackling Gender-based Violence (GBV).
2. Women's Social and Economic Empowerment.
3. Engaging Men and Boys (EMB).

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CARE proposes a 2-year project to create an enabling environment to change harmful gender norms thereby reducing SGBV and increasing child protection with interventions targeted at the individual, family, community and societal level. SGBV forms targeted include intimate partner violence, non-partner sexual violence, FGM, CEFM, and child sexual abuse and exploitation. Activities will follow CARE's COVID-19 Standard Operating Procedures (SOPs), and will take place in person, if possible, strictly adhering to safety guidelines, or will shift to virtual and alternative implementation methodologies. CARE's SOPs also ensure our programs uphold Sphere Protection Principles and Standards. A 2-year period is necessary to fully complete certain project components (i.e., livelihoods), further consult participants, and to build local authority capacities to take over the running of Women-Friendly Spaces.

Objective of the Assignment:

The consultant will train 40 volunteers on psychodrama to implement the training for women to explore topics around SGBV in Cairo and Alexandria. This innovative method combines art, music and drama to guide participants through phases of self-expression and inner reflection that works towards changing perspectives, managing behaviors and feelings, improving self-esteem and confidence, and ultimately leading to healing from their experiences. The technique has been used in previous CARE projects in Egypt with outstanding results, prompting participants to tackle sensitive and taboo topics, delving into the roots of problems, identifying violent situations they have been involved in, and dealing with emotions indirectly linked with their perspectives on violence.

Scope of Work and Deliverables:

The consultant's main deliverables are:

The consultants shall provide 2 psychodrama workshops, one in Cairo and another in Alexandria. Each workshop will reach 20 volunteers and will last for 8 days.

Duties and Responsibilities

1. Meet with the project's team to discuss and agree on the content of the sessions and refine the work plan for the execution of the assignment.
2. The consultant shall provide 2 psychodrama trainings for 40 volunteers (the target is to be divided equally between "Alexandria and Cairo").
3. The consultant shall provide pre and post assessment measuring change in volunteers' knowledge. Pre and post assessment and method of analysis should be approved by CARE first.
4. Document successes and lessons learned.
5. Highlight successful implementation tools that have been used and proved impactful for further scale up.
6. Respect and ensure the confidentiality of all beneficiaries, and maintain a non-discriminatory attitude at all times regardless of ethnicity, religious beliefs, sexual orientation, and political affiliation. As well as code of conduct and professional therapeutic relations.

IMPORTANT NOTE:

The consultant can submit a proposal for (Alexandria and Cairo), or only (Cairo or Alexandria)

Consultant's Qualifications:

Knowledge and Expertise in the area of Counseling, psychological support and gender:

- Extensive knowledge and experience in the area of Psychodrama.
 - Extensive knowledge of gender issues and SGBV.
 - Demonstrated experience in working with refugees.
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- ❑ Demonstrated experience in dealing with different cultures and backgrounds.

Training and Education:

- ❑ Experience in designing and delivering training to different groups
- ❑ Capacity to use different Art tools employing case studies, role playing, audio/visuals, presentations, discussions and facilitating groups.
- ❑ Ability to lead discussions and arguments around sensitive and controversial topics.

Consultancy Level of Effort

A total of (18-19) working days is foreseen for this assignment including one day preparation and one day report per gov..

Specific Tasks, Outputs and Time Frame

Tasks	Outputs	No. Days/ Time Frame
Psychodrama Trainings	- One workshop in Cairo and another one in Alexandria for 20 volunteers in each workshop - one reports is submitted with results per Gov.	15 th Feb 2022 to 15 th March 2022

Execution of Assignment:

Trainings : from 15 Feb 2022 to 15 March 2022

Coordination and Reporting:

The Consultant will report on progress to Field supervisor who shall within 7 working days of receipt notify the Consultant of its decision concerning the documents or reports received, giving reasons should s/he reject the reports or documents, or request amendments.

Conditions of Implementation:

Interested applicants should submit the following documents in their offers:

1. Technical Proposal.
 - i. A brief statement in understanding of the assignment, and general approach to it.
 - ii. A brief description of the methodology proposed to be use in the assignment, including techniques and tools,

- iii. A capabilities statement of the consultant organization and/or brief description of relevant (similar) consultancies that would qualify for this assignment. This statement should be included as a separate annex, in addition to the five-page proposal.
- iv. Consultant CV
- v. It should indicate a complete list of deliverables and a proposed time-frame.

2. **Financial Proposal:**

The financial proposal should include all the related expenses as per the below and taxes. CARE will withhold applicable taxes and deposit the funds with the applicable for tax authorities under this agreement

Consultant Professional Service Fees- may be subject to taxation

Description	Daily gross Rate in EGP	Number Days	Amount
Preparation fees		One day	
Workshop implementation		8 days per each gov *2 gov	
Report fees		One day per gov.	

Consultant Administrative Costs – may not be subject to taxation but paid against supporting documents (receipt's, invoices...etc.)

Description	Unit Cost in EGP	Number Days	Amount
Travel expenses			
Accommodation			
Materials			

The evaluation will be based on the following criteria according to the submitted documents:

<u>Evaluation type</u>	<u>Percentage</u>
Qualifications	10%
Service proposed (Methodology of work and expected results)	30%
Experience (CV/ profile should be included)	9%
Previous experience with CARE	1%
Timeframe & commitment	10%



Financial Evaluation	40%
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P.S. applications rated less than 40% in the technical evaluation will be excluded.

Deadline for sending the technical and financial proposal is (9 Feb. 2022) prior 7 pm), Financial proposal should include Taxes). , to be sent to CARE via CARE Website below link.

[Consultancy – CARE Egypt](#)

* Any proposals received after the deadline mentioned, will not be considered. Thus, please ensure that the proposal should be submitted on time. Please accept our apology for not giving any exceptions or accepting any justification for late receive...

Please feel free to contact us via email Nermin.Mohamed@cef-eg.org, for any further details or inquiry via email prior **08 Feb. 2022**.

Note: please ensure to mention the validity of the proposal, to enable us to use the proposal for any other similar projects in 2022...

Proposals will be assessed against weighted criteria that include understanding of the task; proposed methodology; previous experience and value for money.

CARE Egypt will respond to applicants with its decision within 5-7 working days from the proposal deadline.

CARE keeps all rights to accept or refuse any offer received without giving reasons.

Technical and financial offer will be discussed upon being shortlisted; to finalize the selection process.

Payment Schedule:

All payments (done within 20 working days from invoice submission and being approved by CARE) and linked to deliverables and timeline.

No payment in advance will be approved...