

**Prevention and Response to Sexual and Gender-Based
Violence for Refugees, Asylum Seekers and Host
Communities in Egypt**

Terms of Reference

**Psychosocial Support for GBV Survivors in
Cairo and Alexandria
2022**

CARE Egypt Foundation (CEF):

Care Misr Foundation for Development is a civil institution registered in the Central Administration of Associations at the Ministry of Social Solidarity with the number “833 for the year 2018” and its address is 25 Asmaa Fahmy Street - Fifth Floor (Plot No. 1 - Square Y) Qesm 1st Nasser City, Cairo, Egypt, and that the institution is subject to the provisions of the law regulating the practice of civil work No. 149 of 2019.

CARE Egypt Foundation for Development is building on the legacy and expertise of CARE International in Egypt since 1954, by designing, implementing and managing development programs and projects aimed at helping the neediest communities in Egypt, by building strategic partnerships with the government sector, the private sector and the private sector, to help in Meeting the basic needs and improving the quality and standard of life in a sustainable manner and consistent with the culture, reality and the local and national context.

The Foundation focuses its interventions and designs its programs in the areas of economic and social empowerment of Egyptian women, developing and improving the educational environment, supporting the agricultural sector, especially small farmers, improving government performance and supporting confidence-building processes among development partners through the application of tools and methodologies for governance and social accountability, through investing energies and ideas And adopt initiatives that are in line with the development and improvement of the economic and living conditions of these communities to deal with addressing the root causes of poverty.

The Foundation is also committed to strengthening the role of the local civil society by including it as a partner in all the Foundation's projects in a manner that ensures building its capabilities and enabling it to play the developmental role required in the government's sectoral and geographical development plans and programs.

The Foundation works on extracting the most important international experiences in all areas of development, and presenting them in the local and national contexts, in addition to working to shed light and disseminate local experiences at the global level, in order to benefit from global experiences and present Egyptian development models to interested and actors at the global level.

Women's Rights Program

The Women's Rights (WR) Program is designed to empower poor and marginalized women in Egypt who suffer from rights' violation. Its impact goal is: By 2025, poor women in Egypt especially in Upper Egypt are empowered and enjoying a better quality of life, having attained their rights. In order to achieve this goal, the program works with both the duty bearers in government and civil society, as well as rights bearers, women themselves, to address discriminatory attitudes and behavior towards women and girls.

The WR program works with the duty bearers to support their role to protect and uphold the rights of women, and also with the women to encourage them to understand voice and demand their rightful entitlements. The program works on three domains (agency, relations and structure) in order to empower poor women in Egypt to gain their rights. Through the focus on agency, women's self-esteem and confidence are built, and women have increased financial independence to fulfill their potential as productive and income-earning members of their households and society. In addition, when power relations (families) are gender sensitive whilst tackling all forms of gender-based violence (GBV) within and outside the household, and when structures (social norms or laws) particularly in the area of personal status, domestic violence are reformed, passed and implemented, gender equality can be achieved.

The program has three themes, which are:

1. Tackling Gender-based Violence (GBV).
2. Women's Social and Economic Empowerment.
3. Engaging Men and Boys (EMB).

Prevention and Response to Sexual and Gender-Based Violence for Refugees, Asylum Seekers and Host Communities in Egypt Project

For 2022, the project objective is to reduce GBV amongst refugee communities in Greater Cairo, Alexandria and the North Coast, while enhancing the community-based approaches. This will be achieved through the following strategy: this project will address Gender Based Violence protection issues facing the targeted population through social-cultural and economic empowerment interventions.

Through this project, CARE Egypt Foundation (CEF) will address the gap in GBV prevention and response, including providing a range of innovate approaches that both support the immediate needs of survivors as well as supporting longer-term changes through empowering women and engaging men to shift harmful gender norms. CEF proposes a one-year project that aims to create an enabling environment to change harmful gender norms, reducing SGBV, build the capacities of potential active participants to have a pool of actors and volunteers to enhance community-based protection approaches and to foster resources mobilization. The proposed project is anticipated to achieve the following results:

1. Women, Girls, Men & Boys, are empowered to tackle GBV through gained knowledge and awareness on their rights and available services for SGB
1. Values, beliefs, attitudes, behaviors and practices shift to recognize Violence Against Women and Girls (VAWG) as unacceptable.
2. Response Services & Case Management.

Objective of the Assignment:

The objective of this assignment is two-fold as the following:

- To hire external psychologist or a company/consultancy to **provide psychosocial support to adult GBV survivors refugees and asylum seekers, men and women** either through individual sessions or group therapy. This is in order to address their mental and social wellbeing by applying different tools and methodologies.
- To hire external psychologist or a consultancy/ child therapy services to provide **child therapy will also be provided to GBV survivors or first-degree relatives of child GBV survivors refugees and asylum seekers aged 5 to 17, girls and boys**. Children will become aware of their emotions and phases of pain (denial, anger, and depression). They will additionally learn how to express their feelings, to deal with their pain and seek help, and to protect themselves from various types of violence.

Pre- and post- tests should be conducted in order to monitor the knowledge and behavior of the survivors and to evaluate whether survivors have gained increased knowledge on GBV in general and psychosocial support in particular

Scope of Work and Deliverables:

The consultant's main deliverables are:

- 1- To hire external psychologist or a company/consultancy to provide psychosocial support to 145 adult GBV survivors refugees and asylum seekers, men and women (65 in Cairo and 80 in Alexandria) either through individual sessions or group therapy. This is in order to address their mental and social wellbeing by applying different tools and methodologies.
- 2- To hire external psychologist or a consultancy/ child therapy services to provide child therapy will also be provided to 79 GBV survivors or first-degree relatives of child GBV survivors refugees and asylum seekers aged 5 to 17, girls and boys (62 in Cairo and 17 in Alexandria). Children will become aware of their emotions and phases of pain (denial, anger, and depression). They will additionally learn how to express their feelings, to deal with their pain and seek help, and to protect themselves from various types of violence.
 - a. Professional psychiatrists and counselors are expected to hold 6 to 8 one to one individual sessions

with each SGBV survivor and in accordance with his/ her needs ; where the session duration ranges from 45 to 60 minutes with the provision of an average of 30 hours per week, which reveals 120 hours/ month; with maximum 8 session per day for each psychologist. and the beneficiaries in group therapy could receive up to 12 group sessions. Exceptional cases could be considered to receive additional sessions after consultation with CARE's internal psychologists.

- 3- The previously mentioned sessions for adults and children could be one-to one/ individual sessions or group therapy sessions. The consultant will determine this upon actual needs and in coordination with CARE's internal psychologists.
- 4- Pre- and post- tests should be conducted in order to monitor the knowledge and behavior of the survivors and to evaluate whether survivors have gained increased knowledge on GBV in general and psychosocial support in particular.
- 5- Reports submitted after every 4 sessions. Includes updates and progress on each individual case handled by the consultant. Reports must include individual results of pre and post surveys conducted, measuring the change in survivors' psychosocial wellbeing.
- 6- Schedule appointments with survivors upon referrals received from Case Management Supervisors and follow attendance of assigned cases.
- 7- The capacity to request the psychologist to attend psychological sessions outside of their premises. EX: at CARE's or friendly spaces or home visits for extremely vulnerable cases which is determined by the case manager.

Duties and Responsibilities

- 1- Meeting with the project team to discuss and agree on the content of the sessions and refine the work plan for the execution of the assignment with CARE's internal psychologists.
- 2- Generate detailed reports on each case (up to 2 reports per each case) including the pre- and post-tests' analysis .
- 3- Attend a monthly meeting with CARE Case Management Supervisors , Project Manager and M&E unit.
- 4- Respect and ensure the confidentiality of all beneficiaries, and maintain a non-discriminatory attitude at all times regardless of ethnicity, religious beliefs, sexual orientation, and political affiliation. As well as code of conduct and professional therapeutic relations.

Consultant's Qualifications:

Knowledge and Expertise in the area of self-defense consultation:

- A Minimum of a University Level Degree in a psychological study. An advanced degree will be an added advantage
- Extensive knowledge and experience in dealing with people who have trauma.
- Extensive Knowledge and experience in providing individual and group sessions.
- Aware of the different schools of psychological traumas.
- Demonstrated experience in working with refugees from different nationalities.

- ❑ Demonstrated experience in dealing with different cultures and backgrounds.
- ❑ Demonstrated Knowledge and experience in gender issues and particularly SGBV.
- ❑ Experience in writing PSS reports.
- ❑ Can work with adults and children in PSS field.
- ❑ And lastly, abide to the main ethics of psychology.

Consultancy Level of Effort

- 1- The beneficiaries can receive up to 8 one-to-one/ individual sessions and the beneficiaries in group therapy could receive up to 12 group sessions. Exceptional cases could be considered to receive additional sessions after consultation with CARE’s internal psychologists.

Specific Tasks, Outputs and Time Frame

| Tasks | Outputs | No. Days/ Time Frame |
|----------------------|--|------------------------------------|
| Psychosocial support | -145 adult GBV survivors refugees and asylum seekers, men and women (65 in Cairo and 80 in Alexandria) either through individual sessions or group therapy. -79 children GBV survivors or first-degree relatives of child GBV survivors’ refugees and asylum seekers aged 5 to 17, girls and boys (62 in Cairo and 17 in Alexandria) either through individual sessions or group therapy. | From May 2022 to mid December 2022 |

Coordination and Reporting:

The Consultant will report on progress to the CARE’s internal psychologist Project Manager who shall within 7 working days of receipt notify the Consultant of its decision concerning the documents or reports received, giving reasons should s/he reject the reports or documents, or request amendments.

Conditions of Implementation:

Interested applicants should submit the following documents in their offers:

1. Technical Proposal.
 - i. A brief statement in understanding of the assignment, and general approach to it.
 - ii. A brief description of the methodology proposed to be use in the assignment, including techniques and tools,

- iii. A capabilities statement of the consultant organization and/or brief description of relevant (similar) consultancies that would qualify for this assignment. This statement should be included as a separate annex, in addition to the five-page proposal.
- iv. Consultant CV; It should indicate a complete list of deliverables and a proposed time-frame.

2. Financial Proposal:

The financial proposal should include the below breakdown of the cost elements to assist in determining the rationale of the given rates.

Note: CARE will withhold applicable taxes and deposit the funds with the applicable for tax authorities under this agreement

Consultant Professional Service Fees- may be subject to taxation

Psychosocial support groups:

| Description | Gross Daily Rate in EGP | Number Days | Amount |
|---|-------------------------|-------------|--------|
| Psychosocial support groups fees | | | |
| Psychosocial support groups Reporting per group | | | |
| Travel expenses (transportation ..etc.) | | | |
| Zoom costs (for online sessions) | | | |

Individual psychosocial support/ counseling

| | Cairo Gross daily rate | Alex Gross daily rate |
|----------------------------------|------------------------|-----------------------|
| Communication per month | | |
| Zoom costs (for online sessions) | | |
| Transportation per month | | |

| | | |
|-------------------------------------|--|--|
| Reporting every 4 session per case. | | |
| Session fees | | |

Any other expenses rather than the fess, will be paid against receipts (travel expenses, zoom costs, transportation...etc.).

The evaluation will be based on the following criteria according to the submitted documents:

| <u>Evaluation type</u> | <u>Percentage</u> |
|---|-------------------|
| Qualifications | 10% |
| Service proposed (Methodology of work and expected results) | 30% |
| Experience (CV/ profile should be included) | 9% |
| Previous experience with CARE | 1% |
| Timeframe & commitment | 10% |
| Financial Evaluation | 40% |

P.S. applications rated less than 40% in the technical evaluation will be excluded.

Deadline for sending the technical and financial proposal is (18 May . 2022 (11 am), Financial proposal should include Taxes).

Application to be submitted in one closed envelop which contains inside two closed envelopes (one financial and one technical) to CARE Egypt office located in 25 Asmaa Fahmy street , writing on the envelope:

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|--|
| Prevention and Response to Sexual and Gender-Based Violence for Refugees, Asylum Seekers and Host Communities in Egypt Psychosocial Support for GBV Survivors in Cairo and Alexandria 2022 |
|--|

25 Asmaa Fahmy Street - Fifth Floor (Plot No. 1 - Square Y) Qesm 1st Nasser City, Cairo, Egypt

* Any proposals received after the deadline mentioned, will not be considered. Thus, please ensure that the proposal should be submitted on time. Please accept our apology for not giving any exceptions or accepting any justification for late receive...

Please feel free to contact us via email Nermin.Mohamed@cef-eg.org, for any further details or inquiry via email prior May 16, 2022 (COB)

Note: please ensure to mention the validity of the proposal, to enable us to use the proposal for any other similar projects in 2022...

Proposals will be assessed against weighted criteria that include understanding of the task; proposed methodology; previous experience and value for money.

CARE Egypt will respond to applicants with its decision within 5-7 working days from the proposal deadline.

CARE keeps all rights to accept or refuse any offer received without giving reasons.

Technical and financial offer will be discussed upon being shortlisted; to finalize the selection process.

IMPORTANT NOTE:

The consultant can submit a proposal:-

- For all gov. (Alexandria and Cairo), or only Cairo gov. or Alex gov.

CARE reserves the right to split the assignment on more than one consultant.

Payment Schedule:

All payments (done within 20 working days from invoice submission and being approved by CARE) and linked to deliverables and timeline.

No payment in advance will be approved...